

IsaLean® Shake Natural Creamy Vanilla Kosher

Nutrition Facts	
Serving Size: 2 Scoops (61 g)	
Servings per Container: 14	
Amount per Serving	
Calories 240	Calories from Fat 50
Calories from Saturated Fat 10	
% Daily Value*	
Total Fat 5 g	8%
Saturated Fat 1 g	5%
<i>Trans</i> Fat 0 g	
Polyunsaturated Fat 0.5 g	
Monounsaturated Fat 1.5 g	
Cholesterol 30 mg	10%
Sodium 115 mg	5%
Potassium 300 mg	8%
Total Carbohydrate 27 g	9%
Dietary Fiber 4 g	
Sugars 16 g	
Protein 23 g	46%
Vitamin A 50%	• Vitamin C 40%
Calcium 40%	• Iron 6%
Vitamin D 80%	• Vitamin E 35%
Thiamin 60%	• Riboflavin 70%
Niacin 45%	• Vitamin B6 60%
Folate 80%	• Vitamin B12 200%
Biotin 45%	• Pantothenic Acid 40%
Phosphorus 20%	• Iodine 40%
Magnesium 40%	• Zinc 45%
Selenium 40%	• Copper 50%
Manganese 60%	• Chromium 80%
Molybdenum 60%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65 g 80 g
Sat Fat	Less than 20 g 25 g
Cholesterol	Less than 300 mg 300 mg
Sodium	Less than 2,400 mg 2,400 mg
Potassium	3,500 mg 3,500 mg
Total Carbohydrate	300 g 375 g
Dietary Fiber	25 g 30 g
Protein	50 g 65 g
Calories per gram:	
Fat 9	• Carbohydrates 4 • Protein 4

Ingredients: Exclusive IsaPro® Complex [whey protein concentrate (undenatured), calcium caseinate (undenatured), low-heat nonfat dry milk], fructose, sunflower oil powder, natural flavors, soluble fiber, lecithin, olive oil powder, flax (Linum usitatissimum), guar gum, xanthan gum, Ionic Alfalfa™ (Medicago sativa) leaf extract, lemon juice powder, magnesium oxide, potassium citrate, honey powder, tricalcium phosphate, magnesium citrate, yucca (Yucca schidigera) root powder, vitamin C (ascorbic acid), psyllium (Plantago psyllium) seed powder, cinnamon (Cinnamomum verum) powder, silicon dioxide, biotin, selenium amino acid chelate, enzyme blend [lactase (from Aspergillus oryzae), lipase (from Rhizopus oryzae), cellulase (from Trichoderma longibrachiatum), protease (from Aspergillus oryzae), amylase (from Bacillus subtilis), bromelain (from Ananas comosus), papain (from Carica papaya), acid stable protease (from Aspergillus niger)], vitamin E (d-alpha tocopheryl succinate), copper amino acid chelate, vitamin A (beta carotene), zinc oxide, manganese amino acid chelate, iodine amino acid chelate, niacinamide, vitamin B5 (pantothenic acid), vitamin D3 (cholecalciferol), chromium amino acid chelate, niacin, molybdenum amino acid chelate, vitamin B6 (pyridoxine hydrochloride), vitamin B12 (cyanocobalamin), vitamin B2 (riboflavin) vitamin B1 (thiamin hydrochloride), Lactobacillus acidophilus, folate (folic acid)

Contains milk and soy (lecithin) ingredients.

